

Place	First Name	Last Name	City	State	Country	Time	Split 1	Split 2	Split 3	Split 4	Split 5	Split 6	Split 7	Split 8
80K Women Run														
1	Kimberly	Wrate	New Hartford	NY	USA	11:32:46	1:15:41	1:04:33	1:31:31	1:19:44	1:56:06	1:24:10	1:45:08	1:15:53
2	Heather	Rizzi	Niskayuna	NY	USA	12:39:38	1:31:47	1:27:07	1:55:53	1:45:00	1:36:57	1:21:13	1:41:41	1:20:00
3	Tammy	Stoddard	Corry	PA	USA	13:40:41	1:38:57	1:19:15	1:49:04	1:27:42	1:55:02	1:14:55	2:09:08	2:06:38
80K Men Run														
1	Ryan	Jones	Morrisville	PA	USA	7:20:07	0:56:42	0:47:44	1:00:37	0:50:03	1:04:52	0:50:47	1:01:58	0:47:24
2	Daniel	Larson	Cambridge	MA	USA	7:58:40	1:04:00	0:52:28	1:02:46	0:53:12	1:07:08	0:55:34	1:09:31	0:54:01
3	Brian	Nephew	East Hampton	CT	USA	9:03:24	1:04:33	0:55:11	1:08:15	1:00:26	1:14:28	1:07:34	1:24:00	1:08:57
4	Jody	Hynes	Frankford	ON	CAN	10:02:28	1:12:59	1:03:29	1:17:52	1:05:22	1:27:24	1:12:14	1:24:14	1:18:54
5	Carsten	Quell	Ottawa	ON	CAN	10:05:35	1:13:03	1:08:38	1:17:17	1:05:30	1:25:48	1:10:24	1:31:03	1:13:52
6	Yuki	Negoro	Fort Lee	NJ	USA	10:17:20	1:12:55	1:02:58	1:19:57	1:03:31	1:30:51	1:11:58	1:44:19	1:10:51
7	Steve	Stoddard	Corry	PA	USA	11:44:03	1:25:04	1:12:25	1:33:04	1:15:10	1:40:13	1:23:19	1:48:33	1:26:15
50K Women Run														
1	Missy	Woodruff	Scottsville	NY	USA	6:25:03	1:19:10	1:03:49	1:19:29	1:13:18				
2	Shontel	Nephew	East Hampton	CT	USA	6:44:48	1:23:56	1:01:31	1:30:42	1:13:04				
3	Dina	Brouse	Scottsville	NY	USA	7:09:15	1:19:42	1:06:51	1:33:56	1:26:43				
4	Jennifer	Tackley	Winnipeg	MB	CAN	7:23:56	1:24:59	1:17:10	1:35:31	1:22:40				
5	Aimee	Runge	Milton	ON	CAN	8:13:20	1:39:35	1:20:00	1:48:26	1:28:59				
6	Gillian	Dessis-Dinneen	Niskayuna	NY	USA	8:47:13	1:31:50	1:27:08	1:55:53	1:45:00				
50K Men Run														
1	Stephen	Paddock	Ilion	NY	USA	4:39:27	0:56:05	0:50:17	0:58:45	0:50:02				
2	Brad	Whitson	Winnipeg	MB	CAN	5:22:10	1:03:58	0:55:49	1:08:10	1:00:27				
3	Ethan	Katz	Glens Falls	NY	USA	5:52:21	0:58:31	1:02:55	1:09:34	1:17:52				
4	David	Hochschartner	Lake Placid	NY	USA	8:11:51	1:37:34	1:20:43	1:42:36	1:30:09				
5	Kai	Frantz	Lake Placid	NY	USA	10:02:15	1:44:11	1:41:28	2:14:13	1:52:52				
6	Ben	Frantz	Lake Placid	NY	USA	10:02:15	1:44:11	1:41:28	2:14:13	1:52:52				
80K 4 Person Team Run														
1	236 Run Crew		Mechanicville	NY	USA	9:30:18								
	Tom	Ford	Schenectady	NY	USA	1:45:53	0:57:32	0:48:21						
	Richard	Hall	Troy	NY	USA	1:59:34	1:08:09	0:51:25						
	Scott	Filarecki	Saratoga Springs	NY	USA	1:37:36	0:53:12	0:44:24						
	Brian	Woods	Saratoga Springs	NY	USA	1:29:32	0:49:27	0:40:05						

2	Vadasdi	Greenwich	CT	USA	10:53:35		
Katie	Vadasdi				3:00:45	1:31:46	1:28:59
					3:00:45	1:31:46	1:28:59
					2:20:28	1:21:07	0:59:21
Greg	Vadasdi				2:31:37	1:21:07	1:10:30