

LAST NAME	FIRST NAME	HOMETOWN	SWIM	BIKE	RUN	TOTAL
<b>Male 13-14</b>						
Matt	Colernon	Bettesda MD	0:07:42	0:35:50	0:22:19	1:05:51
Adam	Deemer	Stroudsbury, PA	0:05:58	0:37:46	0:27:43	1:11:27
<b>Male 15-17</b>						
McGrew	Henry	Lake Placid, NY	0:08:07	0:35:33	0:19:22	1:03:02
Michael	Dean	Leeds MA	0:07:05	0:38:39	0:19:41	1:05:25
Johnathan	Dean	Leeds MA	0:07:01	0:39:02	0:21:37	1:07:40
McDonnell	Royal	Paul Smiths, NY	0:09:51	0:38:27	0:22:19	1:10:37
Eli	Grossman	Burlington, VT	0:12:21	0:39:41	0:24:55	1:16:57
Piper	Blake	Minerva, NY	0:08:00	0:42:58	0:27:26	1:18:24
<b>Male 18-29</b>						
Ryan	Dean	Leeds, MA	0:06:07	0:37:22	0:20:11	1:03:40
Kari	Schule	Rhode Island	0:08:30	0:36:08	0:19:48	1:04:26
Andrew	Payne	Annapolis, MD	0:07:41	0:37:01	0:21:15	1:05:57
Patrick	Broderick	Lake Placid, NY	0:07:46	0:37:56	0:21:31	1:07:13
<b>Female 18-29</b>						
Erica	Dean	Leeds MA	0:06:14	0:43:32	0:22:10	1:11:56
Gardiner	Megan	Jay, NY	0:09:42	0:41:54	0:25:15	1:16:51
Allavie	Vishnu	Lake Placid, NY	0:09:09	0:49:42	0:30:12	1:29:03
<b>Male 30-39</b>						
David	Morris		0:06:23	0:28:03	0:19:00	0:53:26
Will	Morris	Jay, NY	0:06:58	0:29:42	0:19:21	0:56:01
Joe	Sullivan	Schnectady, NY	0:07:07	0:31:27	0:18:59	0:57:33
Timothy	Clarke		0:06:12	0:33:24	0:18:20	0:57:56
Christopher	McCluskey	Glenmont, NY	0:07:15	0:34:05	0:18:43	1:00:03
Kyle	Youlen	Burnt Hills NY	0:07:26	0:36:48	0:22:49	1:07:03
Kogut	Keith	Saranac Lake, NY	0:08:54	0:39:14	0:22:33	1:10:41
Howard	Curtis	Lake Placid, NY	0:09:30	0:34:14	0:30:06	1:13:50
Jermeny	Griffiths	Buffalo NY	0:08:35	0:43:19	0:27:06	1:19:00
Dylan	Peck	Cornwall-on-Hudson, NY	0:11:00	0:41:28	0:26:43	1:19:11
<b>Female 30-39</b>						
Lori	Sherlock	Star City, WV	0:07:12	0:36:24	0:22:31	1:06:07
Tara	Strassburg		0:07:15	0:36:16	0:22:51	1:06:22
Molly	Zahe	Bedford NY	0:06:47	0:35:55	0:25:46	1:08:28
Deanne	Morris	Plymouth Meeting, NY	0:06:36	0:41:54	0:24:42	1:13:12
Hannah	Morris	Wallingford CT	0:07:41	0:49:54	0:25:44	1:23:19
Cassidy	Morris	Chicago IL	0:12:43	0:45:47	0:27:36	1:26:06
Melanie	Bauman	Red Bank, NJ	0:12:20	0:48:57	0:25:38	1:26:55
Danielle	Dagounis	Fanwood, NJ	0:10:29	0:46:32	0:35:03	1:32:04

**Male 40-49**

Brian	Lovett	Allentown, PA	0:05:20	0:32:34	0:19:26	0:57:20
Amorielli	Jason	Peru, NY	0:07:41	0:34:39	0:21:56	1:04:16
Fogarty	Jay	Lake Placid, NY	0:08:20	0:35:14	0:24:51	1:08:25
Jay	Ruff	Morrisonville, NY	0:06:28	0:35:18	0:26:56	1:08:42
Dave	Strassburg	Northampton MA	0:08:11	0:38:38	0:24:32	1:11:21
Scott	Jenkins	Hamburg NJ	0:09:50	0:38:23	0:23:25	1:11:38
Franz	Joe	Lake Placid, NY	0:11:55	0:41:44	0:25:32	1:19:11
James	Cook	Long Beach, NJ	0:07:29	0:45:05	0:29:19	1:21:53
Michael	Howard	Norfolk, NY	0:12:25	0:44:43	0:28:06	1:25:14
John	Heiser	Latham, NY	0:10:58	0:42:48	0:32:07	1:25:53

**Female 40-49**

Lafave	Darci	Lake Placid, NY	0:10:26	0:39:11	0:24:13	1:13:50
Gumkowski	Jess	Lake Placid, NY	0:06:58	0:40:20	0:27:05	1:14:23
Megan	Portel	Shrewsbury NJ	0:08:46	0:40:50	0:28:18	1:17:54
Diane	Hauser	Malven PA	0:09:18	0:42:44	0:28:40	1:20:42

**Male 50-59**

Douglas	Land		0:07:48	0:35:50	0:22:17	1:05:55
Balestrini	David	Lake Placid, NY	0:07:34	0:36:30	0:23:27	1:07:31
Morganson	Bob	Lake Placid, NY	0:08:17	0:40:33	0:26:13	1:15:03
Mike	Zerrahn	Plattsburgh NY	0:10:55	0:43:24	0:23:27	1:17:46
Jim	Grossman	South Burlington, NY	0:08:39	0:47:54	0:24:14	1:20:47
Clement	Leonard	Tupper Lake, NY	0:11:11	0:45:08	0:27:47	1:24:06
Hayes	Bart	Elizabethtown, NY	0:09:16	0:36:00	0:26:03	1:11:19
Richard	Eremstone	Lake Placid, NY	0:08:22	0:39:53	0:31:14	1:19:29
Zaunbrecher	Karl	Saranac Lake, NY	0:09:24	0:39:30	0:31:11	1:20:05
Bill	Morris	Jay, NY	0:09:57	0:42:44	0:33:22	1:26:03

**Female 50-59**

Delaney	Karen	Lake Placid, NY	0:09:14	0:43:46	0:28:52	1:21:52
Lisa	VanWie	Troy NY	0:09:11	0:44:35	0:32:04	1:25:50
Battaglia	Nancie	Lake Placid, NY	0:12:44	0:47:44	0:26:54	1:27:22

**Teams**

Rosidy	Julie	Columbia, MD	0:11:48	0:26:46	0:18:32	0:57:06
Rosidy	Bryce	Columbia, MD	0:11:48	0:26:46	0:18:32	0:57:06
Rosidy	Ben	Columbia, MD	0:11:48	0:26:46	0:18:32	0:57:06
Dominesey	Megan	Vermontville, NY	0:06:44	0:38:53	0:22:28	1:08:05
Prall	Colin	Lake Placid, NY	0:06:44	0:38:53	0:22:28	1:08:05
Trzepakowski	Jonathan	Lake Placid, NY	0:06:44	0:38:53	0:22:28	1:08:05
Tom	Vosd	Pleasant Beach, NJ	0:10:15	0:33:16	0:27:38	1:11:09
Faye	Porter	Shrewsbury NJ	0:10:15	0:33:16	0:27:38	1:11:09

Tickman	Art	Keene, NY	0:07:55	0:37:03	0:27:24	1:12:22
T	Sam		0:07:55	0:37:03	0:27:24	1:12:22
Will	Hauser	Malven PA	0:09:28	0:34:33	0:29:34	1:13:35
Adam	Alper	Glen Mills, PA	0:09:28	0:34:33	0:29:34	1:13:35
Matthew	Hauser	Malven PA	0:09:28	0:34:33	0:29:34	1:13:35
Wilcox	Mark	Lake Placid, NY	0:06:24	0:46:20	0:26:07	1:18:51
Lora	Grant	Lake Placid, NY	0:06:24	0:46:20	0:26:07	1:18:51
Stephanie	Gysel	Lake Placid, NY	0:06:24	0:46:20	0:26:07	1:18:51
Lauren	Shohen	Denville, NJ	0:09:37	0:42:00	0:28:46	1:20:23
Andrew	Shohen	Denville, NJ	0:09:37	0:42:00	0:28:46	1:20:23
Chad	Nordby	Baltimore, MD	0:07:36	0:55:41	0:25:13	1:28:30
Garrett	Losh	Maryland	0:07:36	0:55:41	0:25:13	1:28:30
Mark	Losh	Maryland	0:07:36	0:55:41	0:25:13	1:28:30
O'Mahoney	Sierra	Saranac Lake, NY	0:12:29	0:53:09	0:23:44	1:29:22
Emily	O'Maheny		0:12:29	0:53:09	0:23:44	1:29:22