

| LAST NAME | FIRST NAME | HOMETOWN | SWIM | BIKE | RUN | TOTAL |
|---------------------|------------|-------------------|---------|---------|---------|---------|
| Female 18-29 | | | | | | |
| Friedrich | Brittany | Keeseville, NY | 0:07:01 | 0:41:39 | 0:24:31 | 1:13:11 |
| Hanczyk | Erin | Westport, NY | 0:08:46 | 0:46:24 | 0:25:39 | 1:20:49 |
| Male 18-29 | | | | | | |
| Delaney | Colin | Lake Placid, NY | 0:07:13 | 0:31:55 | 0:17:59 | 0:57:07 |
| Arnosky | Justin | Austin, TX | 0:06:00 | 0:32:08 | 0:19:56 | 0:58:04 |
| Davis | Sean | Lake Placid, NY | 0:06:22 | 0:35:54 | 0:18:04 | 1:00:20 |
| Guest | Donald | Saranac Lake, NY | 0:06:58 | 0:37:01 | 0:20:21 | 1:04:20 |
| Devins | Korey | Wilmington, NY | 0:09:32 | 0:40:58 | 0:22:35 | 1:13:05 |
| Gardiner | Megan | Jay, NY | 0:09:06 | 0:42:13 | 0:24:01 | 1:15:20 |
| Martineau | Michael | Lake Placid, NY | 0:10:55 | - | - | DNF |
| Female 30-39 | | | | | | |
| Ramsey | Lenny | Waukesha, WI | 0:07:24 | 0:33:15 | 0:20:37 | 1:01:16 |
| Gerken | Joni | Lake Placid, NY | 0:09:51 | 0:43:52 | 0:25:13 | 1:18:56 |
| Male 30-39 | | | | | | |
| Clarke | Timothy | New York, NY | 0:06:32 | 0:33:03 | 0:17:24 | 0:56:59 |
| MacLean | Doug | Tyngsboro, MA | 0:06:48 | 0:32:45 | 0:18:16 | 0:57:49 |
| Niederbuhl | Jay | Bloomington, NY | 0:07:22 | 0:33:06 | 0:20:21 | 1:00:49 |
| Woods | Brian | Albany, NY | 0:07:03 | 0:35:45 | 0:18:14 | 1:01:02 |
| Hamelin | Corey | Morrisonville, NY | 0:09:04 | 0:37:06 | 0:25:46 | 1:11:56 |
| Deso | Adam | Plattsburgh, NY | 0:13:39 | 0:44:32 | 0:25:49 | 1:24:00 |
| Female 40-49 | | | | | | |
| Case | Kim | | 0:07:35 | - | - | 1:24:16 |
| Loher | Erica | Wilmington, NY | 0:11:33 | 0:52:23 | 0:32:04 | 1:36:00 |
| Male 40-49 | | | | | | |
| Provost | Clayton | Lake Placid, NY | 0:07:42 | 0:35:42 | 0:22:26 | 1:05:50 |
| Fogarty | Jay | Holderness, NH | 0:06:54 | 0:40:26 | 0:27:20 | 1:14:40 |
| Brenner | William | Brushton, NY | 0:10:36 | 0:40:54 | 0:23:55 | 1:15:25 |
| Case | Corey | | 0:08:48 | 0:40:59 | 0:28:51 | 1:18:38 |
| Male 50-59 | | | | | | |
| White | Brian | Plattsburgh, NY | 0:08:58 | 0:37:37 | 0:23:45 | 1:10:20 |
| Fasking | Kirk | Lake Placid, NY | 0:10:24 | 0:39:46 | 0:24:45 | 1:14:55 |
| Zerrahn | Mike | Plattsburgh, NY | 0:11:22 | 0:40:27 | 0:29:17 | 1:21:06 |
| Harvey | John | Queensbury, NY | 0:11:04 | - | - | 1:33:40 |

Teams

| | | | | | | |
|-------------|--------|------------------|---------|---------|---------|---------|
| Grant | Jim | Lake Placid, NY | 0:06:54 | | | 1:21:06 |
| Lembo-Ehms | Andrew | Webster, NY | | 0:54:49 | 0:19:23 | |
| Grant | Jim | Lake Placid, NY | 0:06:54 | | | 1:25:58 |
| Lembo | Amy | Webster, NY | | 0:55:22 | 0:24:14 | |
| Zaunbrecher | Karl | Saranac Lake, NY | 0:09:54 | | | 1:26:18 |
| Battaglia | Nancy | Lake Placid, NY | | 0:48:03 | 0:28:21 | |